

TRAD3RS BREKKY

6AM-NOON

BAE Roll★ – Double bacon & eggs and your choice of sauce	\$12
Trad3rs Breaky Burger –fried egg, crispy bacon, chorizo sausage, hash brown, rocket and chilli jam on a soft bun	\$12.5
Smashed Avo★ (V) – spiced with chilli, lime, coriander, Asian greens and grilled haloumi on sourdough	\$15.5
With Eggs	\$19.5
Agadashi Tofu (V) - fried silken tofu in Japanese broth, steamed rice, shimeji mushrooms, bonito flakes and a poached egg	\$14.9
Eggs Benedict – on toasted sourdough with baby spinach and roma tomato;	
bacon, ham or Mediterranean vegetables	\$15
smoked salmon	\$18
SunnySide Stack – rocket leaves, crispy bacon, two free-range sunny side up eggs, roasted roma tomato and thai chilli jam on sourdough toast	\$14.9
Old School Bacon ‘n’ Eggs – crispy bacon, roasted roma tomato and two eggs cooked to your preference on sourdough toast	\$14.5
Chia Superbowl (V) – granola, coconut cream, black chia, fresh berries and banana	\$12.9

SIDES

Smoked Salmon	\$6.5
Bacon • Avocado • Halloumi • Additional Eggs • Chorizo • Mushroom	\$4.5 each
Tomato • Hummus • Beans • Hash Brown	\$2.5 each

★dishes are available for lunch as well

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LIGHT MEALS

Sourdough Toast - two slices with your choice of vegemite, peanut butter, berry jam or nutella	\$5
Raisin Toast - two slices of raisin toast served with butter on the side	\$5.2
Banana Bread - one slice of gluten free banana bread, can be toasted on request, served with butter on the side	\$6.5
Croissant – can be toasted on request	
ham and cheese	\$9.5
smoked salmon and avocado	\$11.5
Dukkha Cauliflower	\$7.5
Sweet Potato Crisps	\$8.5
Bowl Of Chips	\$6.5

SWEETS

Coconut French Toast – mango sorbet, coconut caramel, berry compote, turkish fairy floss	\$16.9
Trad3rs Pancake – three pancakes with berry compote, pistachio gelato, turkish fairy floss and rose water syrup	\$16.5
Gelato – pistachio, chocolate, strawberry, vanilla	1 scoop \$4.5
	2 scoops \$7.5
Sorbet – coconut, mango, lime	
Mini Gelato Cone	\$3.5

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LUNCH

AVAILABLE TO ORDER FROM 11.30AM

Yakitori Chicken - char-grilled skewered chicken with yuzu mayonnaise and steamed rice	\$15.9
Salt & Pepper Squid - tender crispy squid with thai chilli and jam and aioli	\$17.5
Southern Style Chicken Burger - marinated chicken with mild spiced flour, baby cos, slaw on a soft bun served with fries and aioli	\$16.9
Trad3rs Buddha Bowl (V) - broccoli, cauliflower, roast pumpkin, avocado, roasted cherry tomato, beetroot, quinoa, brussel sprouts, sweet potato crisps and hummus	\$19
With Egg	\$21
Chilli Prawn Linguine - chorizo, prawn, fresh chilli, cherry tomatoes and shaved parmesan	\$19.5
Mediterranean Vegetable Linguine (V) - seasonal vegetables , napolitana sauce and shaved parmesan	\$15.5
Pulled Pork San Choy Bow - with hoi-sin sauce on crispy iceberg lettuce cups	\$17.5
Japanese Katsu Curry - traditional vegetables medium hot curry with steamed rice	\$12.5
Add panko crumbed Pork	\$16.5
Chicken Snitzel Siciliana or Parmigiana - panko crumbed chicken breast with fries and garden salad	\$17.5
Teriyaki Salmon - grilled salmon with teriyaki sauce and seasonal greens	\$21.5
Chefs Caesar - with baby cos, bacon, croutons, a poached egg, parmesan and anchovy dressing	\$15.5
Add Chicken	\$19.5
Prawn, Berry, Melon & Fetta Salad - grilled prawns, fresh berries, watermelon and fetta salad with baby cos	\$19.5

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KIDS

12 years and under

Babycino \$2.5

Kid's Milkshake \$5.5

Nutella Pancake Sandwich – two pancakes with nutella, fresh cream and strawberries \$10

Bacon & Egg On Toast – one slice of sourdough with one egg cooked to your preference and bacon \$10

Fruity Yoghurt Bowl – seasonal fruit salad topped with yoghurt \$10

Chicken Nuggets & Chips – six chicken nuggets and chips served with tomato sauce \$10

Pulled Pork Slider – pulled pork and tomato sauce in a mini soft bun served with chips \$10

Linguine Napolitana \$10

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